

Arlington County Department of Parks and Recreation

Fall 2021 COVID-19 Enjoy Arlington Class Program Guidelines

This document is to outline the program guidelines for the Arlington County Department of Parks and Recreation Enjoy Arlington Class Program for the Fall 2021 season.

This document has been edited and updated from the summer 2021 season based on the latest guidance from the Centers for Disease Control, Arlington County Public Health Division, and in consultation with Arlington Public Schools.

Classes, contractors, or instructors may have additional safety measures in place. Please speak to your provider prior to the beginning of your class.

Health Screenings

- The Department of Parks and Recreation will not conduct health screenings for entry into programs or facilities in the Fall 2021 season.
- Please check for the following symptoms prior to attending:
 - Fever of 100.4 F or greater
 - Chills
 - Fatigue (more tired than usual)
 - Nasal Congestions
 - Headache
 - New Sore Throat
 - New Muscle Pain
 - Loss of Taste or Smell
 - Abdominal pain, diarrhea, nausea, or vomiting

If you have any of the symptoms above, please do not attend class until you are symptom free.

Temperature Screenings

- The Department of Parks and Recreation will not conduct temperature screenings for entry into programs or facilities in the Fall 2021 season.

Face Coverings

- Face coverings are required for entry and exit of all our recreation centers/programs. Face coverings will be required for all sedentary classes.
- For all active fitness and sports classes, masks may be removed during the class.
- Face coverings are to be put back on once participation in these activities are over.

Physical Distancing

- DPR will implement distancing to the extent possible in all programs. Masking and other strategies will help protect program participants where distancing is not possible.

Exposure

- Participants determined to be in immediate proximity (within 6 feet) to a positive case for a cumulative total of 15 minutes or more over a 24-hour period will be considered a close contact.
- Per the guidance from the CDC, a participant who is within 3-6 ft of an infected participant is not considered a close contact if both participants are wearing masks and there are other strategies in place, like distancing.

Reporting Cases and Contact Tracing

- If your participant is sent home from school/work due to a positive COVID-19 case, please contact your class provider.
- Once your participant is cleared to return to work/school, they may return to Enjoy Arlington programs.

Quarantine

- The quarantine period for a positive case of COVID-19 is 14 days. Participants may return sooner if:
 - A negative PCR test is produced of days 5-7. Once a negative test is produced on day 5-7, the participant may return on day 8.
 - Fully vaccinated individuals are exempt from quarantine, unless they develop symptoms or test positive for COVID-19.
 - Please be advised that the quarantine period doesn't start until Exposure to COVID-19 has ended. If other members of your household have contracted COVID-19, the exposure period has not ended.

If you have further questions related to COVID-19 and Enjoy Arlington Programs, please contact Laurie Reid at lreid1@arlingtonva.us.